



# WORLD SPEED BRICK BREAKING ASSOCIATION



## So What's Speed Brick Breaking?

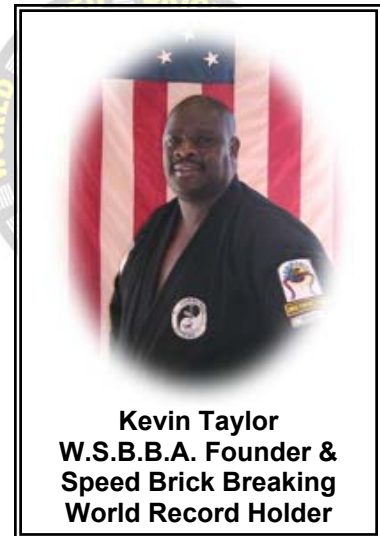
Most martial artists and the general public are familiar with traditional brick and board breaking, but a new sport has arisen that combines striking power with quickness and agility: speed brick breaking. Performed with stacks of one to five 1-inch thick cement slabs, speed brick breaking is timed, either in heats between competitors or as a solo event for a record attempt or personal best.

Unlike traditional power breaking, speed brick breaking can be performed individually or in teams and can be enjoyed by all ranks, styles, and ages, improving cardiovascular fitness, control, coordination, and focus to compliment any martial arts discipline. In fact, children as young as seven years of age are safely and successfully competing in speed breaking exhibitions, boosting their confidence and self-esteem.

The W.S.B.B.A. provides exact breaking criteria, recordkeeping, and sanctioning to ensure fairness and consistency, with all records and standings published on the W.S.B.B.A. website along with videos for members and the martial arts community. We also assist event promoters and sponsors whose tournaments and exhibitions benefit greatly through the addition of thrilling speed brick breaking.

### W.S.B.B.A. services include:

- Full Membership Benefit Package including Patch, Certificate, ID Card, Speed Breaking Tips and News, Member Accomplishments on Website, Discounts, and Much More!
- Complete Ranking and Certification System from Level I (Green) to Grandmaster (7th Dan)
- Event Sanctioning, League Formation, and Promotion Assistance
- Sponsorship Opportunities and Exposure



Kevin Taylor  
W.S.B.B.A. Founder &  
Speed Brick Breaking  
World Record Holder

***Call 586-222-4361 to Join the W.S.B.B.A. Today!!***

World Speed Brick Breaking Association  
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